



Junior Sailing Program

AT THE
SQUADRON

Steeped in History
Future Bound



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MISSION STATEMENT

The mission of the Squadron Sailing Program is to instill a lifelong love and respect of sailing while providing the fundamental skills necessary for participants to advance in the sport as far as their desire, skill and hard work may take them. The program will provide a current and effective curriculum, developing skilled and self-reliant sailors who will respect others, care for their equipment and the marine environment and will help fellow sailors on and off the water. The program will focus on seamanship, sportsmanship, and sailing skills from learn to sail fundamentals to competitive racing. Through the sport of sailing, the Junior Program strives to build confidence through achievement; instill respect for safety and rules; develop self-discipline and responsibility; encourage team work and camaraderie; promote coastal and marine environmental awareness; and awaken interest in other maritime activities.

GOALS

- To teach seamanship, sailing and racing skills, in a safe and fun environment.
- To enable students to acquire life-long values such as sportsmanship, integrity, teamwork, cooperation, and self-reliance.
- To teach youth how to sail to the best of their ability and interest, and to encourage growth in skill and competence through both individual and team participation.
- Develop a respect for the marine environment, the ocean, and the elements.
- To encourage the acquisition of competitive sailing skills in regattas and in races at the Squadron and other yacht club events.
- To promote sailing as a lifelong activity.
- To instill responsibility for themselves, boats, and equipment.

It is the intent of the Squadron Sailing Program to expose youngsters and their families to the enjoyment and uniqueness of sailing. This is accomplished under the supervision of certified Australian Sailing instructors, a full time year-round Boating officer, and the stewardship of volunteer adult leaders.

PARENTAL INVOLVEMENT

Parent volunteers and adult volunteers are critical to the success of the Squadron Sailing Program. Parents with sailors at all levels are highly encouraged to help out and get involved. Be aware that the level of involvement needed increases as sailors transition from basic sailing classes to racing teams. Areas to participate as a volunteer include: The Squadron Sailing regatta support, boat transportation, event coordinators, etc. Volunteering is a great way to get involved, meet other sailing parents, and participate in your child's activities outside the home.



2021/22 JUNIOR PROGRAM CALENDAR

Sun	19 Sep	2021	Junior Sail Training 1 & Welcome BBQ	9:00
Sun	10 Oct	2021	Junior Sail Training 2	9:00
Sun	24 Oct	2021	Junior Sail Training 3	9:00
Fri	29 Oct	2021	Juniors Social Event - Bowling	18:00
Sun	14 Nov	2021	Junior Sail Training 4	9:00
Sun	28 Nov	2021	Junior Sail Training 5 & Racing	9:00
Sun	9 Jan	2022	Junior Sail Training 6	9:00
Sun	16 Jan	2022	Junior Sail Training 7	9:00
Sun	6 Feb	2022	Junior Sail Training 8 & Racing	9:00
Sun	27 Feb	2022	Junior Sail Training 9 & Racing	9:00
Sat	12 Mar	2022	Juniors Camp	All Day
Sat	13 Mar	2022	Juniors Camp	All Day
Sun	20 Mar	2022	Junior Sail Training 10 and Racing	9:00
Sun	27 Mar	2022	Grelka Cup; Long Race & Beach BBQ	9:00
Sat	30 Apr	2022	Juniors Sail Past & Presentation Lunch	10:00

WHAT TO BRING TO CLASS

Be sure to **LABEL EVERYTHING** really well with your name and phone number! We have a lost & found bin in the sailing office that is usually full of unmarked items.

The Squadron and our Instructors/staff are not responsible for loss or damage to personal property or equipment of the student. Contact the Boating officer with any question regarding what to bring to class or what to wear during sailing.

Sailors are **REQUIRED** to bring and use the following:

- Closed-toed shoes or sneakers. Preferably sailing booties or the less expensive water-sock type footwear.
- Sunscreen
- Clothing appropriate for weather conditions (Rashguards, fleece, thermal layers, spray gear, wind breaker, wet suits, sailing boots, beanies, gloves, are strongly recommended. Stay away from cotton!)
- Shorts over swimsuits for girls
- Water bottle
- Sunglasses
- Towel
- Change of dry clothes
- Hat or visor

Sailors are **STRONGLY RECOMMENDED** to bring and use the following:

- Watch with countdown timer (Necessary for racing)
- Sailing gloves (Race Team and Advanced Sailors)



SWIM CHECK

Safety is first and foremost in the minds of the instructors.

All students **MUST** be able to swim in order to participate in any the Squadron Sailing Program. Be aware of your child's swimming ability and get lessons ahead of time if he/she is not a strong swimmer. The Squadron swim check is intended to acclimate children to the cold, dark water and observe their comfort level in the water. Swimming in the Squadron Basin presents new circumstances and is not like swimming in a pool. The swim check will be given on the first day of class and will include:

1. Student puts on lifejacket
2. Instructor inspects lifejacket and ensures proper fit
3. Student jumps in the water with lifejacket on and floats for a few seconds
4. Instructor inspects lifejacket to ensure safe floatation and fit
5. Student demonstrates they can swim a short distance (10m)
6. Student gets out of the water

NOTE: No one shall swim under docks or near docked boats.

What if student won't do swim check or cannot pass swim check?

- Student cannot participate in any activities on the water.
- This may seem tough, but we've never had to turn anyone away. There's no time limit, and sailors can use any stroke they like, so long as they make it the 10m.

PICK UP/DROP OFF INSTRUCTIONS

- Summer morning classes start promptly at the published times. Instructors have a limited time to pack up, so parents are encouraged to arrive on time for dismissal. Instructors will stay with children until parents arrive.
- For safety reasons, parents must check out their sailors with their head instructor each day.
- Please be on time for drop off to allow the class to start on time and get to all the fun. The sailing staff cannot be responsible for babysitting so please pick up your child on time.
- For the safety of your young children, the staff will not release your child to anyone other than you or a regular alternate. There will be a daily sign-out sheet where you can note different arrangements.



SPECIAL REQUEST FROM INSTRUCTORS

- We ask that you do not help rig your child's boat on a regular basis. Knowledge, confidence, and ability all come from your child being responsible for the routine tasks of sailing. It is also important that the sailors learn to help each other with what they cannot do themselves. Parental coaching during scheduled classes is most likely disruptive to the curriculum and lesson plan.
- We ask that, while you are on club property or at a regatta site, you do not discuss topics near sailing students that may be a distraction or that do not help make the sailors' experience more fun or more enjoyable. "Politics" and or other issues not directly related to the ongoing class or regatta should be taken off property or another far away location.
- Communications between parents and the Instructors & Boating Officer is expected and encouraged, but in order to enable maximum instruction time for student sailors, the Instructors & Boating Officer are available for parent questions only outside of class hours – your cooperation in this regard is critical and much appreciated.
- Questions concerning any program policies, fees, etc, should be directed to the Boating Officer, and not the instructors.

FAQS

What if we are going on vacation and will miss class?

If you know your child will miss a class, please tell the instructor ahead of time. If your child will be missing several classes, please tell the Boating officer. If your child misses a significant number of classes, you might want to consider private lessons if you want your child to keep up with the class. Classes are not pro-rated for missed classes.

May I bring a friend to class?

Unfortunately, due to liability, the Squadron cannot allow guests in sailing classes. Medical reports, swim tests, enrollment fees, life jackets, knowledge of the water, and boat availability all prevent guests from attending classes. Instead, encourage your friends to sign up!

What happens on rainy days?

The Squadron classes are held rain or shine. Classes sail in the rain if the wind is not too strong, so students must bring appropriate rain gear and be prepared to sail. In the case of bad sailing conditions, appropriate on-shore instruction and activities will be conducted. Sailing classes will not be cancelled because of weather.

Can I volunteer in return for a class discount?

Unfortunately not, we rely heavily on parent volunteers and can't afford to give discounts to everyone. Therefore we've adopted a strict policy that we don't offer class discounts for goods or services rendered.